

Shower

CHECK LIST

- COLLECT WHAT YOU NEED
- UNDRESS
- PUT DIRTY CLOTHES IN LAUNDRY BASKET
- TURN ON SHOWER
- ADJUST WATER TEMPERATURE
- GET IN SHOWER
- APPLY SHAMPOO AND WASH HAIR
- RINSE HAIR
- APPLY SHOWER GEL AND WASH BODY
- RINSE OFF SHOWER GEL
- TURN OFF SHOWER
- DRY HAIR AND BODY WITH TOWEL
- PUT TOWEL IN LAUNDRY BASKET
- GET DRESSED